



The Conferences of John Cassian Part 1

The Conferences were written by John Cassian at the request of Pope Leo. They document the conversations that Cassian had with the elders living in Scetis (the desert of Egypt), and about principles of the spiritual and ascetic life. The work would go on to be a classic for both the Western and Eastern monastic world, and would frequently be read at mealtimes. - Summary by ancientchristian

Read by ancientchristian. Total running time: 10:01:59

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